

# ALMT IMPACT REPORT

**2022**



THE ANGUS LAWSON  
MEMORIAL TRUST

Charity number: 1117735



Image: Footsteps Foundation

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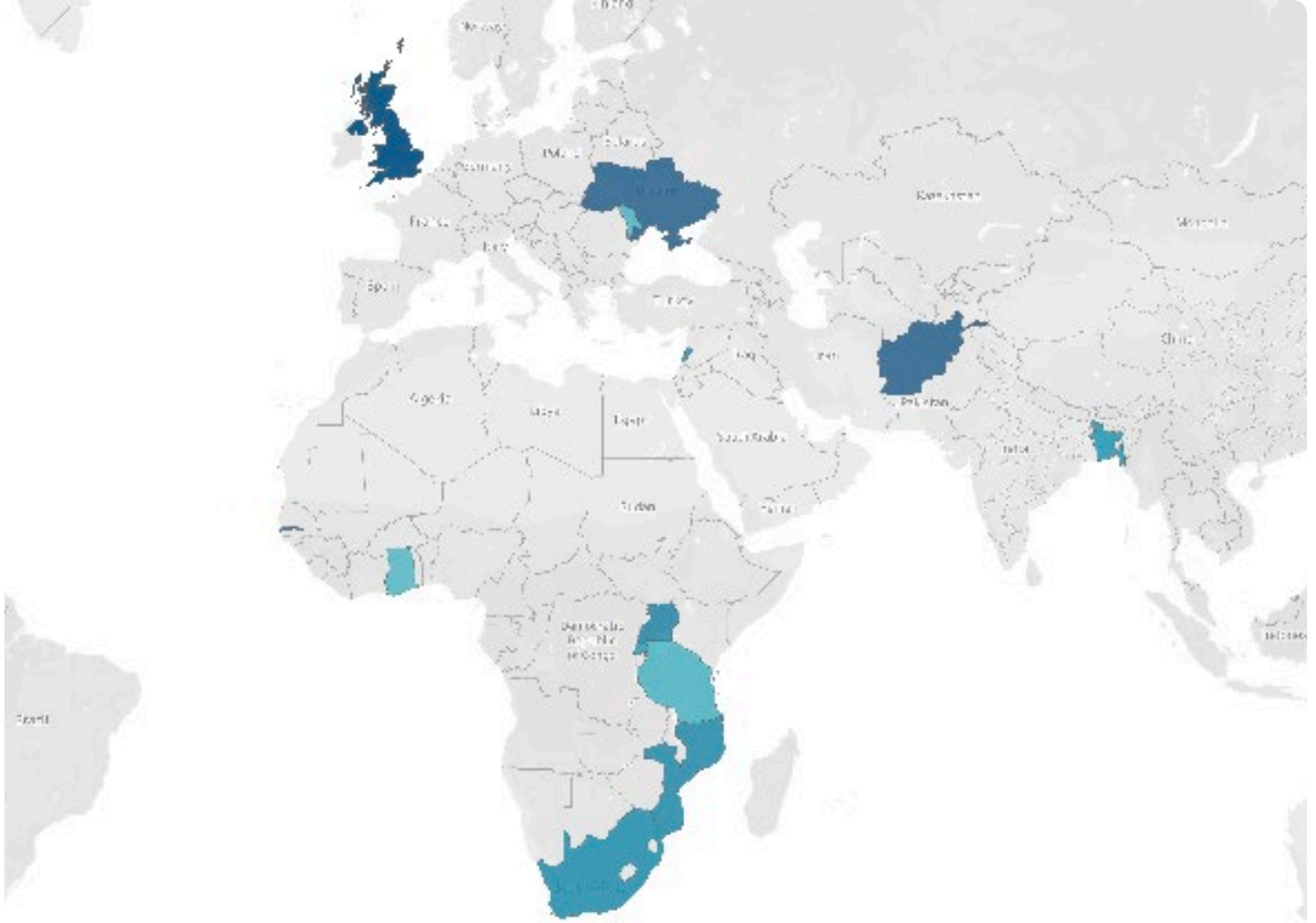
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Cover Image: Village Water





## AN OVERVIEW OF THE ALMT IN 2022

In 2022 the ALMT granted: £451,548. Of this £386,388 was granted to 29 projects at three Board meetings. The remaining £65,160 was distributed directly to projects working with Ukrainian refugees and any projects approved outside the scheduled meetings.

The ALMT has remained responsive to global events in Ukraine and Afghanistan and has retained a healthy balance between development work and humanitarian work.

In what is a difficult environment for charities working internationally, the ALMT has funded projects in 20 countries around the world this year including our first ever projects in Moldova and Mali.

This year has seen new partnerships with 10 organisations. We continue to work with grassroots partners with an average turnover of under 1M (over a five year period) and actively seek projects which focus on early intervention for proven problems.



Image: The Ben Kinsella Trust

**30,195**  
**CHILDREN AND**  
**YOUNG PEOPLE**  
**WORLDWIDE**  
**SUPPORTED BY**  
**ALMT PROJECTS**  
**IN 2022**



Image: SportInspired



## A SUPER-ENGAGED AND SWITCHED ON FUNDER

Maggie Davies  
(Footsteps Foundation)



**Total grant funding at ALMT board meetings in 2022: £386,388**  
**Additional projects funded: £65,160 Total Funding £451,548**

The ALMT continues to measure the impact of each project against the United Nations Sustainable Development Goals which provide a useful framework for measuring impact. The ALMT portfolio delivers against nine of the SDGs:

- 1 No Poverty
- 2 Zero Hunger
- 3 Good Health and Wellbeing
- 4 Quality Education
- 5 Gender Equality
- 6 Clean Water and Sanitation
- 8 Decent Work and Economic Growth
- 10 Reduced Inequalities
- 16 Peace, Justice and Strong Institutions.

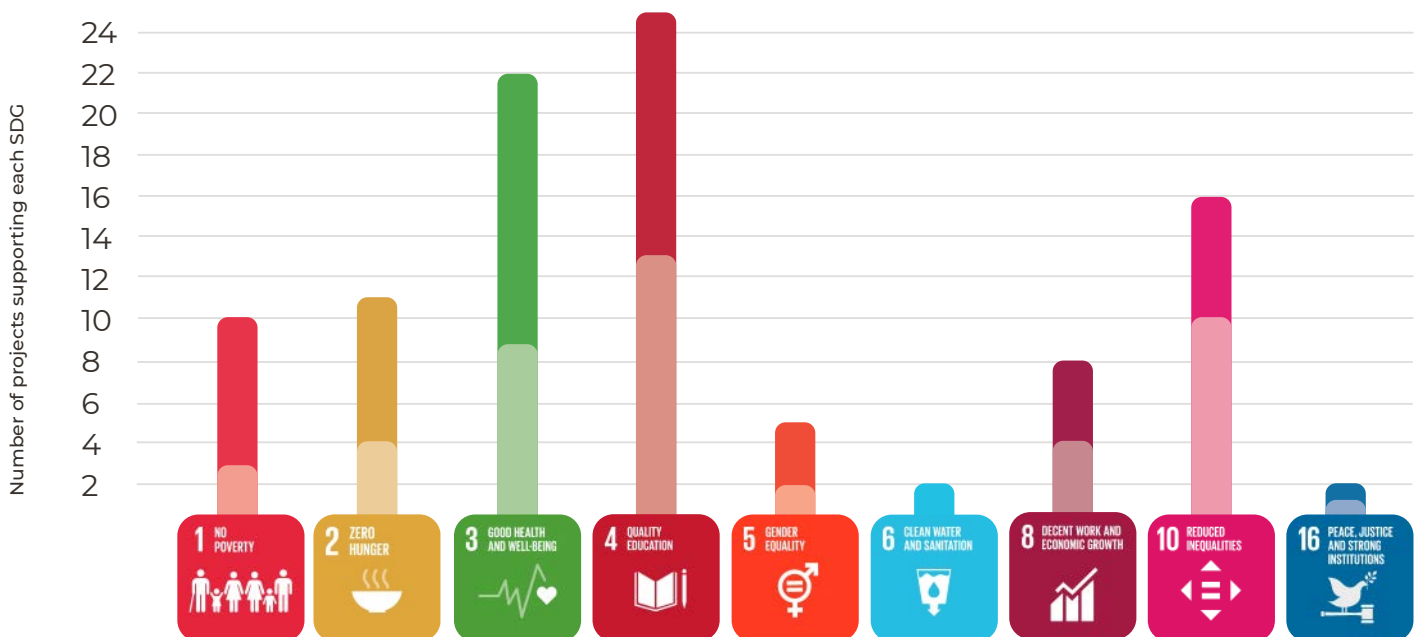
91% projects within the portfolio deliver against over 2 of the SDGs.

The graph below represents which SDGs have been impacted by the projects receiving funding in 2022.



International projects

Projects in the UK



# 2021 COVID-19 RESPONSE CAMPAIGN

## United Kingdom



Image: Become

At the start of 2021, the ALMT ran a campaign to raise money for projects addressing the following areas which were adversely affected by the Covid-19 pandemic: mental health and wellbeing for young people; young people leaving care or experiencing homelessness; young people leaving the education system whose opportunities were restricted during the lockdowns. All projects provided targeted work which had real depth and impact as well as national spread. The ALMT developed fantastic new partnerships with Streetlife, Drive Forward Foundation, Become, Immediate Theatre, Achieve Change and Engagement, Hull Children's University and Katherine Low Settlement and many of these partnerships have since become longer term.

Overall **851** young people were supported with the majority receiving between 20-30 hours of support. The 2021 campaign also provided £5,000 to Children on the Edge (CoTE) during the second wave of Covid-19 infections in India. This kickstarted a campaign for CoTE which went on to deliver 3,000 survival kits across Bihar State along with oxygen cylinder support.

### MENTAL HEALTH AND WELLBEING

**Hull Children's University** delivered 500 wellbeing packs to primary children.

**Acorns** provided courses of play therapy for 24 children who had experienced domestic violence.

**Brighter Opportunities for Special People** provided a course of counselling support for 16 families struggling post Covid-19.

**Achieve Change and Engagement** provided 25 young people with a full course of counselling support.

### CARELEAVER SUPPORT AND HOMELESSNESS

For 3 months **Streetlife** provided a 24-hour hostel and hot meals for homeless young people in Blackpool. The project helped 62 young people with 12 subsequently entering employment or tenancies.

**Become** ran a weekly 'link-up' group connecting 44 young people in care with each other and one-to-one life-coaching for 16 young people. 100% of participants found it positive.

**Drive Forward Foundation** worked intensively with 28 young people with 16 going on to gain tangible employment or education.

### EDUCATION AND EMPLOYABILITY

**Immediate Theatre** worked with 77 excluded young people in Pupil Referral Units during the year providing ongoing mental health support and positive destinations for 15 of them.

**Katherine Low Settlement** ran employability and wellbeing sessions for 29 young refugees in London.

**Epic Partners** provided weekly mentoring for 30 young people who were at risk of dropping out in Nottingham and all have continued with education or moved into employment.





# IMPROVING THE QUALITY OF MENTAL HEALTH SUPPORT FOR YOUNG PEOPLE IN LANCASHIRE

United Kingdom

## Achieve Change and Engagement

Achieve Change and Engagement (ACE) supports young people aged 10 to 25 to improve their mental health and emotional wellbeing and to build resilience. Over the past year ALMT funding has provided cognitive behavioural therapy (CBT) and clinical supervision in order to improve the quality of mental health support for young people in Lancashire.

The recruitment process for the Cognitive Behavioural Therapist led to a slightly delayed start, however, the project is on target to have supported 24 young people by the end of January 2023. By the end of October eight young people had finished their therapy and moved on from ACE. During the year ACE has continued to see high levels of complexity in cases and this has led to higher safeguarding and referral requirements for the CBT Therapist.

Having undertaken CBT young people have seen an increase of 23.9% in positive mental health and a reduction in symptoms. Each young person has created a CBT management plan specific to them and has worked on changing their behaviour, gaining confidence and building resilience.

ALMT funding also increased hours of clinical supervision and improved skills in the staff team thereby aiming to improve exit strategies for young people. It was hoped that this would significantly reduce the length of time a young person was waiting for the service. However, although good practice has been shared and young people are moving through the service more quickly, waiting times have not reduced. This is partly due to the complexity of cases and partly due to the fact that referrals remain high; there are currently over 100 young people on the waiting list. The cost of living crisis is expected to compound the issues facing young people over the winter months making ACE's work more important than ever.



Grant:	£15,624
Start year:	2021
Run time:	1 year
Participant age:	11-18

*My time with ACE has really made an impact on my life, having wonderful, respectful, and understanding people that are there to help is such a wonderful find in a small town like ours. Being with ACE has completely changed my life around and I wouldn't be here today without having that experience... Having Kat as a therapist made me feel so comfortable because of how relaxed and empathetic she was about my issues.*

Participant EA



# BOSP TOTS PLAY SESSION FOR CHILDREN WITH SEVERE DISABILITIES

**United Kingdom**

**Brighter Opportunities  
for Special People**



Disabled and very ill children face discrimination and substantial barriers to participation in mainstream activities, resulting in the whole family becoming marginalised and vulnerable to depression, family breakdown and social exclusion. ALMT funding has supported BOSP to continue to deliver their baby and toddler club in Basildon: BOSP Tots.

During the year BOSP ran 38 early intervention baby and toddler group sessions and supported 19 different children and 27 isolated parents/ grandparents with 704 hours of care. Improved behaviour, communication and listening skills were reported by 95% of children. More children and parent carers were supported than predicted and parents learnt de-escalation techniques and communication methods. This has increased confidence and skills for carers and reduced stress at home. Many parents have now become friends and have a WhatsApp group so they can support each other outside of BOSP therefore successfully reducing isolation. BOSP has supported with a reduction in co-dependency by preparing families for pre-school and three children have successfully transitioned into new provision.

This year the project introduced a counselling service which aimed to reduce stress and anxiety for families and siblings about their situation and improve their resilience and acceptance. The project provided 117 counselling support sessions for 12 different clients. This was slightly lower than expected as clients had more sessions than initially projected and costs were higher than expected.

**Grant:** £8,896  
**Start year:** 2021  
**Run time:** 1 year  
**Participant age:** Early years



*I can honestly say the counselling saved me, saved our marriage - I cannot thank you enough.*

Parent of participant at BOSP Tots







# CRICKET IN HOSPITAL SCHOOLS

United Kingdom

## Chance to Shine

Since 2016, ALMT has worked with Chance to Shine and Capital Kids Cricket to run a successful programme of specialist cricket activities in hospital schools across London. These sessions reach young people at some of the most challenging moments of their lives, providing them with valuable opportunities to play, learn and get active through cricket. This year, the Capital Kids Cricket team were able to return to delivering in-person sessions for the first time in over 18 months. This has led to an increase in attendance and during the year 123 children have been able to participate in the weekly sessions. The team delivered both group work and one-to-one sessions in four hospital schools.

An average of 10 children attended at Great Ormond Street Hospital (GOSH) on the Heart ward, the Children and Adolescent Mental Health Ward and the Teenage Cancer Ward. At Evelina Children's Hospital activities were delivered on the Renal ward and the Snow Fox ward (for children with long term conditions) for a further 10 children. During Covid-19 the team were only able to deliver one-to-one sessions but this year they were able to reintroduce group sessions and extend their hours which enabled young people to socialise. This is especially important when they spend so much of their time in hospital undergoing treatments, surgeries or medication on their own. A reduction in Covid restrictions at the Royal Marsden Hospital has meant that five young people with cancer have also been able to participate in sessions in person this year.

The sessions at Lavender Walk Adolescent Mental Health Unit have continued to be challenging as these young people have severe mental health needs. The 10 young people at Lavender Walk have been detained, also known as sectioned, under the Mental Health Act (1983) and treated without their agreement. Through building consistency and trust over time the coaches have been able to maintain stability and offer meaningful support and joy to a group of young people that feel worthless, and that the system has let them down.



<b>Grant:</b>	<b>£22,500</b>
<b>Start year:</b>	<b>2019</b>
<b>Run time:</b>	<b>3 years</b>
<b>Participant age:</b>	<b>All</b>



*The children enjoyed the sessions. They're always very keen and very willing to take part. They have fun and they make a very engaging and good competition. So, they're always very happy to engage.*  
Christina - Class Teacher at GOSH





# CHESS ACTIVITIES IN LIVERPOOL'S PRIMARY SCHOOLS

United Kingdom

## Chess in Schools



Learning chess engenders valuable cognitive skills in children such as problem solving, logical thinking and pattern recognition. The game helps to improve children's powers of concentration, instils the idea that actions have consequences, boosts self-esteem, and teaches children how to win and lose gracefully.

During the first year of this three year project Chess in Schools worked in 6 schools in Liverpool reaching 442 children with weekly chess classes throughout the year. On completion of the curriculum many children were ready to compete indicating good progress with cognitive skills and self esteem. Rebecca from The ALMT visited St George's School Wallasey in February. This school has introduced chess to their Y3 special needs class with great success and Rebecca was impressed by the children's knowledge of the game. This large school was also given a full-size outdoor chess set for the playground and an after school club for free.

There is definite enthusiasm for chess across the city and Chess in Schools saw good attendance at the St Georges Hall tournament in March where 400 children from different schools competed during a day full of chess. The project was also successful in its aim to encourage more girls to become involved and three girls schools took part in the St George's Hall tournament. Sadly Liverpool's attendance at the London Chess Classic was cancelled at the last minute due to Covid-19. Over the next year Chess in Schools aims to work in different schools and extend the team of chess tutors in Liverpool.

**Grant:** £13,500  
**Start year:** 2021  
**Run time:** 3 years  
**Participant age:** 6-11

### Case Study:

The success of chess at St George's Primary School in Wallasey is worth highlighting. The school was initially sceptical that teaching chess would work with their special needs children, but they have taken to it with enthusiasm and some of them were already quite proficient when the team came on a site visit. The year three special needs class (pictured) was delighted to receive individual chess sets and excited to be able to play at home.





# YOUTH CHAMPIONS PROGRAMME

United Kingdom

## Didcot Train

Over the course of the three year grant, ALMT support has helped reach and engage 285 young people providing activities that empower them to build positive relationships, better community networks and increase educational participation. The challenges of the pandemic made it extremely difficult for Didcot Train to work in schools and deliver the project as planned. However, this final year saw a return to pre-pandemic levels of delivery and the organisation has moved to new premises in the town called 'The Base'. With the move, Didcot Train has been able to reinstate regular youth clubs and social activities.

A new Mentoring Lead was appointed in April 2022 bringing a wealth of experience that has upskilled the staff team and supported with an increased demand for one-to-one work. The project worked across all 4 secondary schools in Didcot providing group mentoring sessions for 90 young people and one-to-one support for 33 young people. Responding to an increase in anti-social behaviour in the town Didcot Train successfully worked with schools to further develop the mentoring programme and address this issue.

In order to build positive community networks the Youth Champions Programme ran six 'Social Action' projects during the year. These projects aim to build a sense of social responsibility and community involvement. With guidance from youth workers, the young people planned visits to the local retirement homes, providing inter-generational enjoyment playing card and boards games with the residents. They also raised money to make and provide lunch platters for other young people living in a local post-16 care home; provided refreshments at an art open day and gardening activities at the local church.

Two CV and Interview workshops, supporting those applying for work experience, were delivered during the year. These workshops have supported not only the young people's knowledge, but also their confidence in being able to highlight their own qualities and directly led to one young person getting an apprenticeship.



<b>Grant:</b>	<b>£19,956</b>
<b>Start year:</b>	<b>2019</b>
<b>Run time:</b>	<b>3 years</b>
<b>Participant age:</b>	<b>11-18</b>

### Case Study:

During the initial meeting, KP was anxious, breathing heavily in between sentences and fidgeting. KP had recently put a knife to their sibling's throat. During the sessions, they discussed the need to address challenging frustrations when they arise, to prevent them from escalating. After six weeks KP agreed to attend further sessions and was supported to return to school. KP is now involved with other Didcot TRAIN services and is excited to learn more about themselves.





# COMMUNITY ACTIVITIES FOR CHILDREN LIVING IN NOTTINGHAM

United Kingdom



## Epic Partners



This project with Epic Partners supported the extension and running costs of their high-quality community activities for children living in Nottingham. The sessions support children to engage in positive activities moving away from negative, anti-social, and drug-related behaviour whilst building positive friendships. This enables participants to improve physical fitness and mental health; increase confidence and team building skills and raise their aspirations. All activities are free and local and therefore there are few barriers to entry.

During the year over 700 children were supported to access fun inclusive sports provision and activities throughout the week as follows:

- Epic Partners Sharks Swimming – the Monday session provided an average of 28 children with a weekly opportunity to learn to swim.
- Epic Partners Girls Football – 54 girls engaged with this weekly physical activity session with a focus on football and personal development.
- Epic Partners Sports Academy – 40-60 children per week (173 participants in total during the year) attended this child-led multi sports activity session, which aimed to support communication, teamwork, and social skills.
- Epic Partners Play – 30 children who are most at risk of negative behaviour participated in this youth club style session on a Wednesday providing weekly access to games and physical activity.
- Epic Partners Mini Games – a child-led multi-sports activity session every Saturday gave 43 children the opportunity to try different sports that they would not normally have access to at a key time in the week.
- Epic Youth Club – This youth club session was added in response to the needs of young people and supported an average of 40 young people each week. Mentors held one-to-one conversations and targeted work to help to support positive wellbeing and develop resilience and self-confidence.
- School taster sessions were delivered to 330 children across 11 local schools so that people could try out the activities on offer with Epic Partners.

**Grant:** £14,000  
**Start year:** 2021  
**Run time:** 1 year  
**Participant age:** All



*I love coming to Epic, they have taught me swimming at school and PE, its so fun and the staff are really funny, they join in and help us when I need help.*

Participant at Epic Partners Girls Football





# SPIDER PHYSIOTHERAPY FOR CHILDREN WITH DISABILITIES

United Kingdom

## Footsteps

Since February 2019 the ALMT has provided funding for 418 hours of Spider Therapy at Footsteps Centre in Oxfordshire. This is the equivalent of 26 intensive 3-week Spider Physiotherapy sessions for disabled children in need. A child will come to 2 or 3 three-week sessions annually, totaling 60-90 hours. These sessions produce life-changing improvements from many children over the course of a year.

In 2021 Footsteps supported 70 children with three-week intensive therapy sessions and gave away 40 pairs free orthopaedic shoes. Apart from a 9 week closure in 2020 at the start of the pandemic, the centre remained open. Due to instigating intensive cleaning procedures due to Covid-19, the centre reached fewer children in 2020 and 2021 (75 instead of 100). This did not affect outputs for the ALMT grant.

The past three years has seen Footsteps go from strength to strength and they were able to recruit a new physiotherapist in 2021.



*This unique spider physiotherapy is fabulous for Albie. The spider is marvellous, not only because it's fun, but it supports them, while doing hard physiotherapy. It helped Albie's brain to make new connections. It has helped him gain strength and control of his limbs and without this he wouldn't be walking, which he loves! Albie had meningitis and left-sided stroke at birth & we were told he would never do anything. We are glad you and Albie can prove them wrong!*

Albie's Mum



Grant:	£8,000
Start year:	2019
Run time:	3 years
Participant age:	All





# FEED LONDON: SUPPORTING FAMILIES IN NEED

United Kingdom



## Miracles



With over a third of London's children living in poverty (more than 700,000), the ALMT supported Miracles' Feed London initiative which responds to the desperate food poverty crisis taking place amongst children and young people. Feed London reaches deep into each community through established referral partners in the five boroughs with the highest levels of child poverty (Newham, Hackney, Tower Hamlets, Waltham Forest and Barking and Dagenham).

Many of the families have no recourse to public funds and multiple mouths to feed. Referrals are also taken from Great Ormond Street Hospital, Iranian and Kurdish Womens' Rights Organisation (IKWRO) and Hestia (providing domestic abuse services), providing support for families fleeing from violence (including the threat of 'honour' violence and Female Genital Mutilation) and those with children recently diagnosed with a life threatening/altering illness.

Each family receives a Feed London box at the start of each holiday, giving children access to fresh and healthy food with at least one hot meal for seven days. Working during the Easter, Summer and Christmas holidays, the ALMT funding supported 882 children and young people (in 326 families) – an amazing 8780 meals were delivered during the year. In addition, carers receive enrichment activities for their children in the form of Toucan activity boxes, recipe ideas and, for those with specific needs, a supermarket voucher to provide respite from some of the stress and financial pressure they face.

**Grant:** £20,000  
**Start year:** 2021  
**Run time:** 1 year  
**Participant age:** All

Over 70% of recipient families eat only Halal food and it was clear from feedback during Easter that there was some distrust on the sourcing of the meat producers in the Easter project. The solution was to go completely vegetarian; not only does this suit all diets it is also better environmentally. By also doing away with premade meals over the summer project the number of ingredients in each box increased so that each family had enough for eight main meals.

### Case Study:

*Catharine's family in Newham was referred to Miracles by Great Ormond Street Hospital. They are a family of 7 refugees with no recourse to public funds and no permission to work due to their asylum status. They are struggling financially to support their children and Sacha, their youngest, has recently been diagnosed with Lupus. Miracles delivered Feed London boxes and supermarket vouchers over the holidays to help them through the worst, offering added support when they needed it.*





# PROFESSIONAL CONCERTS IN SPECIAL SCHOOLS IN OXFORDSHIRE

**United Kingdom**

## Music for Autism

The Orchestra of St John's Music for Autism programme has been taking professional concerts into special schools in England for the past 20 years; enabling young people with complex needs to enjoy professionally performed music in an informal and accessible environment where differences are celebrated. During lockdown the sessions were run by Zoom but in-person visits to special schools were allowed to restart in the Autumn of 2021 and Music for Autism recognises that the face-to-face sessions work better.

Music for Autism has been reviewing its process with a view to longer term sustainability. Following the recommendations of an initial evaluation report by Felicity Fletcher-Campbell, a senior academic at the Open University School of Education, Music for Autism appointed two Oxford postgraduates to attend workshops, document procedures and assemble additional and complementary learning materials. This will ensure that children's enjoyment and experience can be maximised in the future and replicated elsewhere.

ALMT funding enabled Music for Autism to provide 12 additional workshop days at the following special schools in Oxfordshire: Iffley Academy, Mabel Prichard School, John Watson School and New Marston Primary. Schools drew up a schedule so that all year/class groups could attend thus giving the students the message that this was an inclusive activity; between 60-100 students attended each workshop day. The students were receptive of all types of music presented and, indeed, showed fewer inhibitions towards 'classical music' and 'conducting' than might be found in a peer group in a mainstream school.

The workshop days are extremely successful at stimulating a positive reaction amongst the young people. Spoken comments from students included: 'I love it'; 'again, again, again'; 'another song'; 'wow'; 'bravo'; '[to a student conductor] take a bow'; 'thank you'; 'yay'. Many audience members illustrated movement-based reactions such as clapping, waving scarves, dancing, jumping in time, sitting still listening, singing, smiling and giggling.



<b>Grant:</b>	<b>£12,000</b>
<b>Start year:</b>	<b>2021</b>
<b>Run time:</b>	<b>1 year</b>
<b>Participant age:</b>	<b>6-11</b>





# NUMERACY TUTORING FOR DISADVANTAGED PRIMARY CHILDREN IN OXFORDSHIRE

United Kingdom

## Quest for Learning



For 25 years, Quest for Learning has been working collaboratively with local schools in Oxfordshire to help reduce the attainment gap between disadvantaged children and their peers. Nationally, prior to the Covid-19 pandemic, disadvantaged pupils ended primary school on average 9.2 months behind their peers. Initial research shows that Covid-19 has widened this attainment gap by a further seven months.

This project provided targeted work with 24 children from disadvantaged backgrounds and struggling with mental maths in three Oxford schools. Pupils from Cutteslowe Primary School, Caldecott Primary School and Tower Hill Primary School were given the opportunity to take part in NumSkills and receive two mental maths sessions per week for 9 weeks. Each school has not been achieving the national average attainment level in maths. NumSkills resources are designed to help children rehearse key mathematical skills and improve their mathematical fluency by using every day items such as playing cards, dice and counters. Activities are designed to improve mental maths and calculation skills whilst having fun with mathematics.

Following the project 100% of teachers felt that children would achieve higher assessment results after taking part in NumSkills. (Target 77%) and 94% of children felt super confident or confident about maths (Target 87%) with better ability to work independently and in groups across the wider curriculum. Participants illustrated greater fluency in decoding and encoding and using mathematical language.

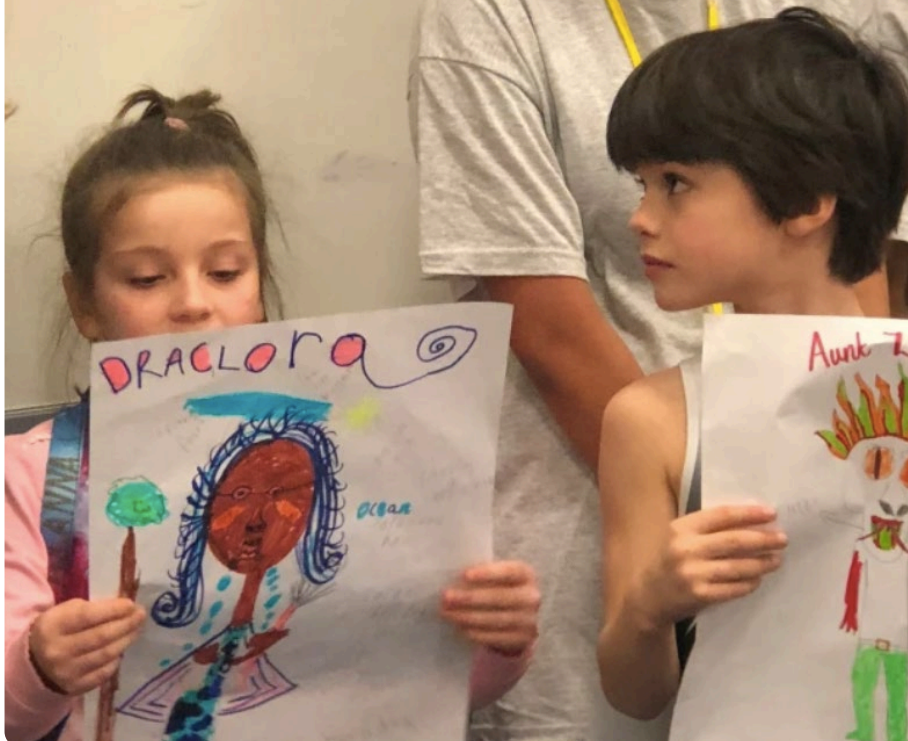
**Grant:** £4,728  
**Start year:** 2021  
**Run time:** 1 year  
**Participant age:** 6-11



*It is a great support for kids at this stage also it helps parents in showing them how to make the kids understand; with good ideas and interesting practical skills.*

Parent of a NumSkills participant





# LITERACY ENRICHMENT FOR PRIMARY CHILDREN IN LONDON

United Kingdom

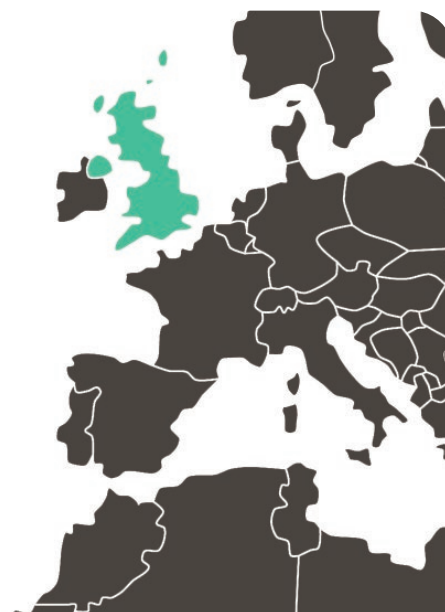
Southwark Community  
Education Charity

For over 20 years Southwark Community Education Charity (SCEC) has operated three schemes of enrichment classes on Saturday mornings in Dulwich for pupils from Southwark primary schools. SCEC works together with the participating primary schools to offer selected children the chance to extend their skills in literacy, mathematics or science in a stimulating and fun environment.

This three-year grant has been delayed by one year due to the Covid pandemic, when sessions were unable to take place. However, in 2021-22 attempts were made to catch up on targets and final results for year 2 were close to expected. Attendance rates fluctuated in Autumn 2021 due to caution around local outbreaks of Covid and a major outbreak of Covid at JAGS resulted in the cancellation of the last two sessions before Christmas 2021. Although 50 children were recruited average attendance was 43 (85%).

The project aims to improve educational achievement and confidence in year 3 children from local primary schools in Southwark, Lambeth or Lewisham and reduce the impact of social deprivation on educational achievement by targeting children who are eligible for pupil premium (government funding aiming to improve educational outcomes for disadvantaged pupils). This year the project had 28.2% of attendees in receipt of pupil premium; slightly lower than the original target of 30%. The final year of the project, currently running, has seen this percentage increase dramatically and currently has 43% of participants in receipt of pupil premium.

The programme also offers mentoring opportunities for 50 year 10 students at James Allen's Girls School in Dulwich; aiming to increase motivation and engagement and develop valuable work skills. The mentors thoroughly enjoyed the volunteering experience and one commented that 'My favourite part has been getting to know the kids and seeing them learn'.



<b>Grant:</b>	<b>£7,499</b>
<b>Start year:</b>	<b>2019</b>
<b>Run time:</b>	<b>3 years</b>
<b>Participant age:</b>	<b>6-11</b>



*I can do reading better than before  
and I'm braver at answering  
questions.*

Y3 participant





# HOLIDAY YOUTH PROJECT IN NORTH LONDON

United Kingdom



## The Avenues



The Avenues runs high quality activities for young people from disadvantaged communities in North Westminster. Following the completion of a successful programme in 2021, ALMT funding was used to pay for eight days of holiday activities for 238 young people, of whom 64% were in receipt of Free School Meals.

The holiday project provided a wide range of activities, all of which aimed to improve social and emotional skills; improve physical and mental wellbeing; increase access to opportunities and learning skills and improve understanding of the value of trusted relationships. Young people were able to enjoy cooking; time in The Avenues recording studio and radio room; judo; dance; 'girls' world; a boys-only space; arts and crafts; football; street play; boxing; a pop-up juice bar; and a guest drama project. The group went on a range of trips including a drive around a safari park, trampolining at Flip Out, indoor sky diving, forest laser tag and Sky Arts Studios to learn and create their own TV advert. 'Take and Make' boxes were distributed to 250 families in the community with ingredients and recipe cards.

With ever-growing demand for services, and their provision constantly expanding, The Avenues has struggled to recruit experienced staff who are able to meet their needs. This is a problem across the sector with neighbouring youth clubs experiencing similar challenges to recruit appropriately experienced staff.

Feedback for the holiday programme continues to be overwhelmingly positive:

- 100% of young people said they had fun this summer
- 90% of young people said they had access to great opportunities and were able to try new things
- 92% of young people would recommend to a friend
- 79% of young people said The Avenues inspires them to be the best person they can be
- 87% of young people said that The Avenues helped them keep fit and healthy this summer

**Grant:** £9,762  
**Start year:** 2020  
**Run time:** 2 years  
**Participant age:** All



*My summer was so good!!*

*Thank you guys for all the support  
and for taking me places and the  
lovely experience*





# REFURBISHING THE ISLINGTON 'CHOICES AND CONSEQUENCES' EXHIBITION

United Kingdom

The Ben Kinsella  
Trust

Through the Choices and Consequences exhibition, based in Finsbury Library, Islington, the Ben Kinsella Trust delivers anti-knife crime workshops for children aged 10-16, predominantly from deprived areas of London (e.g. London Boroughs of Islington, Hackney). The workshops use role-play, videos, quizzes and surveys as young people are guided through different themed rooms to show them how the choices they make, and the consequences of these choices, are intrinsically linked.

The ALMT grant was used to refurbish and update the Islington exhibition to make it relevant for young people today. The team dismantled and ethically disposed of the existing structure and replaced it with higher grade materials. This has enabled the room size to increase, sound travel to decrease and ventilation to improve. Graphics were updated and new content added which also tackles the responsible use of social media, its links to knife crime and how to stay safe online.

The refurbished exhibition includes several new items allowing children to explore elements of the law (joint enterprise, stop and search) and consequences of knife crime. The new space also includes an accident and emergency room, a blackout cinema room and aspiration space.

The Islington exhibition re-opened to schools on 19th April 2022 and during the 2021/22 academic year 111 workshops were run on the site reaching 2,271 young people. In total across all of their sites, in the last year, the Ben Kinsella Trust has reached 5,115 young people and lesson plans have been downloaded 8,000 times in 12 months (estimated to have reached 120,000 young people).



Grant:	£17,500
Start year:	2021
Run time:	1 year
Participant age:	11-18



*This workshop made a massive impact on me; it made me think about how serious it is going to jail or getting dragged into the wrong crowd*

Workshop Participant





# SUMMER MASTERCLASSES WITH THE THEATRE SHED

United Kingdom

## The Theatre Shed



The Theatre Shed (TTS) is the only provision in Buckinghamshire that offers a safe place that practices full inclusivity and equality between disabled and non-disabled young people. Following outreach activities the project welcomed 19 new members (42% of participants). During the summer holidays 2022, the project provided 10 days of theatre masterclasses for 42 young people in Chesham. This was slightly lower than expected as more participants required one-to-one support than initially predicted.

A third of participants were eligible for free school meals and 80% had special educational needs (SEN). The Theatre Shed provided free hot meals for everyone each day. Fully inclusive activities enabled individuals to improve their understanding of difference and enabled 11 volunteers under 25 (including 7 Volunteers with additional needs) to gain work experience.

Each day the group took part in three or four different arts activities. On one day they produced music all day and had an impromptu rock concert at the end of the day. The group devised performances and films which encouraged involvement, expression and confidence. The ALMT visited the project on 18th August when the group was having a great deal of fun devising a piece of promenade theatre. Participant feedback was unanimously positive regarding enjoyment, inspiration, confidence and accessibility, illustrating progress towards the project's outcomes of reducing isolation and improving wellbeing.

**Grant:** £3,187  
**Start year:** 2022  
**Run time:** 1 year  
**Participant age:** All

### Case Study:

J does not attend school in person due to their additional needs and their family were keen for them to interact with other young people over the summer. As J had virtually met some of the TTS team previously they felt that they could come to the summer scheme. J started quietly as they were dealing with anxiety associated with new places and people. However, they quickly realised that their ideas and presence was not only supported but celebrated by the group. This meant that J grew in confidence quickly over the first two days of the summer scheme and contributed more and more ideas as the week progressed.

From coming in with their hood up and head down on Monday morning, to planning their own performances whilst supporting someone else, it was very obvious to see the difference this week-long scheme has made on this young person.





# IMPROVING CHILD PROTECTION IN MONDULI DISTRICT

**Tanzania**

## ACE Africa



In the Arusha Region, where Ace Africa Tanzania works, traditional Maasai communities uphold harmful views and practices, and children are subjected to physical and emotional abuse. Before turning 14, 41% of girls have undergone female genital mutilation (FGM), and 1 in 3 girls have suffered sexual violence before the age of 18. Ace Africa Tanzania is the leading government partner in the Arusha Region on Child Development and Protection. This project met the growing demand to extend Ace Africa's effective and sustainable approach into more rural areas.

The project was fully successful with 12 drama events raising awareness of child protection services and child rights and reaching a total of 2,100 children and 2,870 community members. The quality of child protection services in Monduli District has improved and 40 community members were trained to form two 'Violence Against Women and Children (VAWAC)' committees increasing capacity to identify, report, resolve and refer cases of child abuse. Forty VAWAC teams were trained in legal work and forty local community leaders were also trained in child rights and protection.

This year 348 child abuse cases were reported to the VAWAC teams in Lashaine and Sepeco. Of these 324 cases were solved by the committees and 24 referred to government judicial bodies for proceedings. This project is increasing the capacity to identify, report, resolve and refer cases of child abuse in the region.

This year ACE has trained teachers from ten schools enabling 727 students to access Child-to-Child clubs and 622 students to attend rights education sessions. These clubs increase knowledge of child rights, life skills and sexual health education amongst children and community members. Twenty 'Fit People' have also been trained on child rights and equipped to provide foster care.

<b>Grant:</b>	<b>£22,706</b>
<b>Start year:</b>	<b>2021</b>
<b>Run time:</b>	<b>1 year</b>
<b>Participant age:</b>	<b>All</b>



*I went through difficult times and I thought my dreams were over, but my mother stood for me and rescued me by risking her life. She is a true role model to me and to other girls*  
Sinyati





# TACKLING DISABILITY IN NORTHERN GHANA

**Ghana**

**Afrikids**



This project with the ALMT will enable Afrikids to ensure the future sustainability of their rehabilitation and physiotherapy centres for children with disabilities in Feo and Sirigu whilst maintaining support for children and parents.

This year the project has provided improved movement and communication skills for 329 children across the four clinics. The Afrikids team has provided 28 bespoke assistive devices and seven wheelchairs during the year and 96 children have improved mobility.

Over 100 parents have been trained in how to better care for their children at home and 80 parents have also received training in soap making to empower them economically so that they can help support their families with their own businesses.

The project has improved community understanding about disabilities and in a recent meeting the Chief of Bongo agreed that it has been a success. Bongo is home to 40 of the 58 communities who have eradicated the 'spirit-child' practice, and three of the four clinics and the chief recognises the need for communities to support the project's sustainability, working with sub-chiefs and other community leaders.

Two new volunteers have also been recruited and trained to provide ongoing tailored support to children with cerebral palsy; provide guidance to parents and reduce the likelihood of preventable conditions developing. A further 17 new staff have been trained with six from the Ghana Health Service therefore equipping the service with the skills needed to take ownership of the clinics in the future.

**Grant:** £8,875  
**Start year:** 2021  
**Run time:** 2 years  
**Participant age:** All



## Case Study:

Dorothy has cerebral palsy, and her young single mother Paulina was struggling to care for her as well as her siblings. Dorothy was unable to sit, and she was malnourished. Both Paulina and Dorothy have received comprehensive support from Afrikids, including physiotherapy and care education. Dorothy is now not only a healthy weight, but she is also able to walk, and is enrolled in a primary school. As Paulina now understands Dorothy's needs, she has been able to continue her education and forge a better life for her family.



# PROVIDING BETTER AURAL HEALTHCARE THROUGH THE YO-YO PROJECT AND AURIS MINOR PROJECT

**Cambodia**

## All Ears Cambodia

All Ears Cambodia (AEC) provides free specialist aural healthcare to the people of Cambodia. The third and final year of this programme saw both projects bounce back strongly after the impact of the pandemic.

**Auris Minor project:** This project focussed on providing ear and hearing healthcare for severely disadvantaged Khmer children with multiple medical and social problems. Although outreach activities were significantly set back during Covid-19, AEC made a huge effort in increasing public health education and the screening of school-age children in 2022. The clinic carried out 2,014 paediatric consultations with 66.28% of the case load being diagnosed with ear disease. Hearing aids have been fitted for an amazing 578 children (13% of caseload). Outreach work extended across the country leading to 2,681 children receiving hearing education in 2022.

**Yo-Yo Project:** This project aimed to create a family orientated rehabilitation and communication therapy service for hearing impaired Khmer children with a parallel education programme concerning ear and hearing health. Activities were split into four main areas:

**Training:** In this final year the project exceeded targets with the creation of two new speech and language posts and training for 15 clinicians.

**Children's clinics:** The clinics bounced back to pre-pandemic levels with 182 paediatric clinics held, 806 patient consultations and 131 children receiving hearing aids. Over the three year period the project has fitted 453 hearing aids. This is below initial projections of 660 due to the impact of Covid-19 on consultation numbers in the first two years of the project.

**Families:** The team maintained support for the parent group offering support to family members of children with hearing loss. The group met six times during the year and 11 family education sessions were held.

**Education:** With the re-opening of schools the Listen.Out.Loud show exceeded expectations and performed to 860 children during the year.



<b>Grant:</b>	<b>£15,901</b>
<b>Start year:</b>	<b>2019</b>
<b>Run time:</b>	<b>3 years</b>
<b>Participant age:</b>	<b>All</b>

### Case Study:

Following a severe childhood infection Yuong Chamroeun (not her real name) lost hearing in both ears. This year Chamrouen presented at AEC and was fitted with a hearing aid. She has really championed using the hearing aids and she wears them every day for most of her waking day. Her parents reported at her latest follow-up appointment that she has made extraordinary progress in her class at school and has become significantly more social and talkative.





# HELPING YOUNG PEOPLE FROM RURAL AREAS ACCESS FURTHER EDUCATION AND WORK EXPERIENCE

Peru

## Amantani



Amantani's original application to the ALMT aimed to support 23 young people through one-year foundation courses in Cusco. However, due to the pandemic the foundation colleges remained closed throughout 2020, and therefore young people couldn't move forward with their chosen studies. In order to retain engagement, the ALMT approved an amended project providing tuition fees, digital devices and internet access for 10 young people to attend private institutes offering longer and more in-depth courses.

Five young women and five young men were enrolled at the SENATI institute in March 2021 studying a range of subjects from Business Management to Food Processing Industries and Graphic design. Amantani provided laptops, internet connectivity and personal support so that young people could attend virtual lessons and remain positive.

The young people showed a huge amount of resilience during the year: one young lady even had to climb to the top of nearby hill in order to attend her virtual lessons. As different industries re-opened during 2021, the young people were also able to find part-time employment and therefore work experience. Amantani remained in close contact with families and provided additional support wherever possible. Unfortunately however, despite their best efforts, two young people found the frustrations of online learning too much and left the programme to enter employment during the year.

Due to the limitations imposed by the pandemic and high fluctuations in the exchange rate there was an underspend of £5,530 which went towards ongoing tuition fees for the eight young people in 2022 as they continued their studies.

**Grant:** £12,730  
**Start year:** 2020  
**Run time:** 1 year  
**Participant age:** 16+





# RESTORING VISUAL POTENTIAL FOR CHILDREN IN BOBO DIOULASSO AND RURAL AREAS

**Burkina Faso**

**Burkina Health  
Foundation**

One in ten school children in Burkina Faso has vision problems. By identifying school children with poor vision and providing them with spectacles, this project aims to improve children's chance of completing their education, improve their personal development and ensure that they can contribute to society when they grow up. Children are screened in the first year of secondary school as this is when myopia starts to debut.

The political situation in Burkina Faso has been highly unstable and 2021 saw a marked deterioration of conditions across the country resulting in violence and insecurity. Civilians and health workers were targeted making travelling both in the city and in rural areas very risky. Many schools had to close for several months, which caused severe delays to the implementation of the project and led to an extension of the reporting deadline. However, the latest government formed in September 2022 and this has resulted in some security and stability, allowing the project to move forward.

City schools remained shut until October 2021 and so Burkina Health Foundation took the decision to increase the reach of the rural screening until city schools were reopened. During the year they screened 3,231 children in the rural area of Bama, well above the initially predicted 1000, and provided 121 with spectacles.

The screening visits to city schools started in November 2021 and are ongoing. By the end of October the project had screened 1,235 children and this is predicted to rise to 2000 by the end of December 2022. Of those screened 75 were given an in-depth eye assessment and 25 children received glasses. The project team has also worked to improve its recall system and followed up with 72 children who had received glasses the year before to check that their spectacles remained up to date.

The Ministry of Health has ensured that the project is embedded in school health initiatives locally and continues to grow. A stakeholders' meeting, scheduled for December 2022, aims to encourage school directors and local authorities to support and prioritise eye health in the future.



<b>Grant:</b>	<b>£19,877</b>
<b>Start year:</b>	<b>2021</b>
<b>Run time:</b>	<b>1 year</b>
<b>Participant age:</b>	<b>11-18</b>





# EDUCATION AND SAFEGUARDING IN TRADITIONAL QURANIC MAJALIS

The Gambia

ChildHope



The ALMT is proud to be working with ChildHope and the Institute of Social Reform and Action (ISRA) to improve the living conditions and quality of education for children and young people aged between 5-21 years living in traditional Quranic education schools called 'Majalis'. These are traditional, unregulated, residential education centres and many children end up leaving without a basic primary level education. This first year the project team has focussed on embedding processes and getting the Majalis' buy-in for the core aims of the project.

During the first year of this three year project, ISRA has worked with four Majalis (instead of three) providing 10 hours of literacy and numeracy education for 265 young people each week alongside safeguarding training and hygiene interventions. Baseline education assessments showed that only 55% of children could count or recognise numbers over 10 and 68% couldn't recognise letters past 'J'. Girls consistently scored lower than boys. The teachers are therefore currently teaching at level 1. Year two of the programme will introduce livelihoods activities to promote income generation in the Majalis and further embed the safeguarding and education programmes.

A key success has been getting the commitment of the Department of Children and Social Welfare to provide reusable sanitary pads, and masks to prevent the spread of Covid-19. The Department is also printing the government's minimum standards on residential child care in Arabic for distribution to Majalis across the country and ISRA is facilitating the translation. This shows government buy-in which is important for long term sustainability. A national action plan for the integration of Majalis into the wider state education programme has also been initiated.

Safeguarding training reached 76 government and community stakeholders and the project is enabling behaviour change amongst Marabouts (leaders of the Majalis) who are saying that they found the training useful.

**Grant:** £18,197  
**Start year:** 2020  
**Run time:** 2 years  
**Participant age:** All



## Case Study:

Musa Kante is the teacher at Madarasatou Manar Al-Huda Memoriza in Sifoe. He says: 'When I started this programme only a few children were able to read the alphabet or count from one to fifty. Presently when all efforts were put together almost all of them can spell and write words correctly, count to hundred and do simple additions. I am so proud of these achievements but the credit is with the Majalis and all its partners for supporting this noble programme.'



# LEARNING CENTRES FOR DALIT CHILDREN IN BIHAR STATE

India

## Children on the Edge

During this final year of funding from ALMT, Children on the Edge exceeded their targets and expanded their provision from 31 to 35 learning centres in slums and rural areas around Patna. This enabled 1,216 marginalised Dalit children (age 6-14) access to education; an increase of 200 children from last year. Of the children enrolled 788 attended no mainstream school at all and rely solely on this programme for their education. This past year staff have increased their focus on supporting the children, particularly the girls to attend mainstream government schools. Access to these schools gives them more opportunities and can further protect them from child marriage. As a result, 142 children graduated from the learning centres to either local government schools or private schools in the area. With access to mainstream schooling improving in nine of the areas supported by the ALMT, Children on the Edge is now looking to move some of the centres to needier areas.

This year the project actively supported children to access National Institute for Open Schooling Centres in order to combat the high levels of drop out for Dalit children at secondary level. As a result the project is supporting 40 learners on this programme and increasing access to qualifications. Children on the Edge has recently introduced a new alumni initiative which enabled them to connect with 37 former students all of whom, thanks to this programme, are making significant progress: 29 are taking secondary level exams, 6 at university and 2 have completed education and found jobs.

The programme continues to focus on children's safety and 375 children were given child protection training, learning about the systems in place to keep themselves and their friends safe. Additional activities such as First Aid Training (for 248 children) and Self Defence Training (for 107 teenage girls) were also offered this year with significant success.



<b>Grant:</b>	<b>£24,306</b>
<b>Start year:</b>	<b>2021</b>
<b>Run time:</b>	<b>1 year</b>
<b>Participant age:</b>	<b>All</b>

### Case Study:

Arti (14) is from a very strict community and considered late to get married. Her parents chose a groom for her, but her teacher talked about the detrimental effects of child marriage to them. They delayed the wedding and Arti continues her education.





# PARCELS OF HOPE FOR FAMILIES

## Afghanistan

### Linda Norgrove Foundation



Following the Taliban takeover in August 2021, women and children in Afghanistan have been disproportionately affected by the political, social, and financial upheavals. Working with Afghanistan Green Future Organization (AGFO), a small Afghan charity, the Linda Norgrove Foundation distributed food and hygiene parcels to women who lead families forced to leave their homes in the provinces, who have lost their husbands, and who have responsibility for children under three years old. Under the Taliban regime it is not possible for most of these women to go out to work so they are under huge financial pressures.

The Linda Norgrove Foundation (LNF) was founded in 2010 and supports women and children in Afghanistan through the provision of direct aid by funding many small on the ground projects that directly improve people's lives but do not appeal to larger charities.

This project distributed 150 food parcels to families. Each parcel contained food for four to six weeks and fed approximately seven people. Therefore this grant supported approximately 1,000 people during the winter months. The project aimed to reduce malnutrition and hunger for families and children under three in Kabul, enabling single parents and their families to survive the winter. Stoves, fuel and blankets were distributed where required.

AGFO saw very high levels of need with crowds turning up at some of the distribution sites – especially for the stoves. AGFO therefore introduced an interview and chitty system so that the chitties were swapped for a stove and blankets rather than having an open distribution centre.

Case studies showed that most of the families work for very low salaries, have multiple mouths to feed from different generations and normally have sickness in the family but no money to see a doctor. Several of the families earn significantly less than the rent due on their house.

Following the successful completion of this project the ALMT approved a further grant to the Linda Norgrove Foundation to support female students at university.

**Grant:** £7,200  
**Start year:** 2022  
**Run time:** 1 year  
**Participant age:** All





# UNIVERSITY SCHOLARSHIPS FOR YOUNG WOMEN ON THE CATALYST PROGRAMME

**Cambodia**

## Lotus Outreach

This final year of funding saw the remaining 6 ALMT female students complete their university education. Subjects have included: business management, IT, accounting, marketing, rural development and maths and all of the graduates have now entered employment or are gaining work experience in their chosen field.

Siem Theary graduated with a degree in business management and now works in marketing at Royal Skyland Condo Cambodia. She loves what she is doing. Yen Kimheak graduated with a degree in IT at Industrial Technical Institute. She now works as an international product purchaser at Raffle Wizard Company. Nang Syna almost dropped out of school due to family poverty, her father's disability and the need to help care for her younger siblings. Teachers encouraged her to persevere with her education and she has now graduated with a degree in marketing. She is gaining experience in human resource at WowNow Delivery Company. Pho Sokcheng graduated with a degree in management and is now working in microfinance as an accountant. Nhil Sokpy graduated with a degree in rural development at Build Bright University in Siem Reap Province. She is now a teacher at Westgate International School. Lanh Kot graduated with a degree in mathematics from Cambodian University for Specialties and is now a contract teacher in her community.

Since the start of this project in 2020, Lotus Outreach has seen a 35% increase in the university programme. As the community has grown it has also strengthened and this year, Lotus Outreach organised a young leaders' conference in Cambodia which gathered together many other institutes, students and staff from LSI Business School, Happy Chandara School, Cambodian Women's Crisis Center and Catalyst alumni.



<b>Grant:</b>	<b>£9,034</b>
<b>Start year:</b>	<b>2020</b>
<b>Run time:</b>	<b>2 years</b>
<b>Participant age:</b>	<b>16+</b>

*Thanks to studying at the university I got a good job and was able to support my family. I will share my knowledge and help the next generation of children who have a poor life like me. I will support them to get an education like me.*  
Pho Sokheng - ALMT Student





# SUMMER ACTIVITIES FOR UKRAINIAN REFUGEES

**Moldova**

**MAD-Aid**



MAD-Aid was formed in 2012 and aims to create a world where children and adults with special needs have access to the same opportunities as others to fulfil their life's ambitions. In 2015 they built the Phoenix Complex in Moldova; a specialised centre for children with disabilities, a care home and a hydrotherapy swimming pool that is unique to Moldova and Eastern Europe. Since the start of the war in Ukraine, Moldova has taken in the highest proportion of refugees based on its population size and Mad-Aid provides ongoing support for 35 refugee children at the Phoenix Centre. Moldova itself, classed as a 'fragile economy', is the poorest country in Europe and this huge influx of refugees has put pressure on internal systems.

This project ran a summer programme of daily educational and social activities for 160 Ukrainian refugees each week alongside children with disabilities living at the Phoenix Centre. The children enjoyed activities like music and sports, arts, and crafts. This encouraged them to be creative and express their feelings and emotions. For many children it was the first time that they experienced swimming lessons. Approximately 75 children were brought to the Centre each week from Mihaileni, Drochia, Glodeni and Riscani. An outreach programme was devised for 25 children from the Balti region and all materials were supplied for local activities. These children then visited the Phoenix Centre's pool once a week. A separate outreach programme was devised for Ukrainian Roma children at Chisinau who are more marginalised than others.

**Grant:** £10,000  
**Start year:** 2022  
**Run time:** 1 year  
**Participant age:** All

English/Romanian classes were provided at Phoenix Centre and extended as part of the outreach offer to Balti and the Roma Centre in Chisinau. MAD-Aid now offers English classes three times a week for three different age groups: using games and songs to encourage learning with the younger children and setting up teen clubs. The young people attending the day centre love to sing and organise concerts for visitors and friends. MAD-Aid purchased laptops for the project and speakers and microphones for Phoenix Centre. There were problems with delivery of the playground equipment due to the war but this is scheduled for installation before the end of the year.

## Case study:

Alex and Alex were both looking for friends and a place to feel welcomed. Alex had to leave his home in Ukraine together with his family and had some difficulties expressing his emotions and feelings before joining the Mad-Aid camp. Alex, became one of our day centre attendees and was thrilled to find new friends. One day they were overheard talking during lunch break, planning on how they could meet in town over the weekend as our camp was only during the week. They showed the team that friendship has no borders or language barriers.





# AWEGYS PRIMARY SCHOOL SCHOLARSHIPS

**Uganda**

**Mtaala**

With prolonged school closures in 2020 and 2021 due to the pandemic, young people missed out on a huge amount of educational time. Awegys primary school didn't feel that digital learning was an option for their students and so during the closures focused on improving the facilities at the school. When schools re-opened in January 2022 there were 176 children on the school register. The ALMT funding goes towards the maintenance costs of 15 students within the school body.

Awegys continues to meet its aim of improving access to secondary education for vulnerable children and young people and improving health and living conditions and 78 new students joined during the pandemic.

The flexible nature of ALMT funding has enabled Mtaala to respond to individual students' needs. Overall outcomes were achieved and one ex-student is now offering a carpentry course at the school. Fantastic to see that 17 young people achieved O levels and a further 3 A level qualifications during the year.



## Case Study:

Shamsa Nansikombi Mutibwa (pictured) is one of six children. Her parents separated during her first year of secondary school, and her father abandoned the family. As a result of the ensuing hardships, Shamsa almost dropped out of school. However, she received a sponsor from the U.S. through Mtaala, allowing Shamsa to continue studying. When Shamsa's sponsor was no longer able to contribute, ALMT funding was used to pay for the completion of Shamsa's secondary education.

Shamsa has been hardworking and a natural student leader; as a result, she was elected Head Girl by her fellow students, a nomination that was readily endorsed by her teachers. She recently sat for her national A-level exams and passed. Shamsa graduated from Awegys Secondary School this year and dreams of becoming a journalist.

**Grant:** £6,480  
**Start year:** 2019  
**Run time:** 3 years  
**Participant age:** 6-11





# TIYENDE NAYE BY NEW BEGINNINGS

**Malawi**

**Egmont Trust**



Partnering with the Egmont Trust and New Beginnings based in Lilongwe, Malawi, 179 women and adolescent girls out of education were recruited for the Tiyende Naye psychosocial and vocational training programme. Each of the beneficiaries recruited faced domestic violence or were at risk of entering into transactional and abusive relationships as a result of their precarious economic positions.

Out of the 174 young women initially recruited, 134 (91%) completed the programme and finished vocational training courses in in-demand fields such as plumbing, construction, hair and beauty, and tailoring. The courses were taught by local professionals recruited by New Beginnings and included teaching in financial literacy and business skills. 147 young women received counselling from New Beginnings trained counsellors to support them with their mental health.

Upon graduation, New Beginnings organised the graduates into business groups who received start-up kits to begin trading and earning an income or to help them to secure employment. Start-up materials relevant to the trade they were trained in were provided for 77 young women and they are now earning a stable income through their businesses and able to successfully uplift their own families using what they earn. Some have branched out from their initial groups and are able to continue on their own. This was slightly lower than the target of 100 due to inflation and a rise in the price of materials.

**Grant:** £10,070  
**Start year:** 2021  
**Run time:** 1 year  
**Participant age:** 16+

The project also engaged 154 men including 22 community leaders and chiefs via home visits and group meetings. As a result, all of the Men4Change participants have adopted positive attitudes towards women and are committed to working for gender equality and to end gender based violence, by pledging that they themselves would not be a perpetrator of violence towards women in their homes and community.



## Case Study:

Olipa is a 23-year-old girl with one child named Bright. Olipa dropped out of school because her family was unable to pay her exam fees. At New Beginnings Olipa joined the construction class and with hard work and consistent attendance she graduated top of the class. Olipa's life has since changed for the better as she successfully found a job with a local construction company called DBC CONSTRUCTION where she is now earning more than double the average income for the area. Olipa is also able to pay for her siblings' exam fees as well as school fees for Bright to attend nursery school while she goes to work.



# PROVIDING SCHOOL BAGS AND HYGIENE PACKS FOR PRIMARY CHILDREN IN TANZANIA

Tanzania

## School in a Bag

Thanks to this project 350 School bags, Lifestraws and tins of Maize were distributed to children aged 7 to 14 years in the Iringa area of Tanzania. Each school bag contained pencils, pens, colouring pencils, a maths set, ruler, pencil case, exercise books (line/square/plain), a water bottle, a lunchbox and a hygiene pack comprising toothbrush, toothpaste, flannel, soap and washable facemask. It also contained a LifeStraw, a blue filtering straw that when used to drink, eliminates 99.9% of water borne parasites and bacteria and lasts for 4000 litres of use, providing safe, clean drinking water for years to come.

The project in Tanzania was delivered via School In A Bag's 'in-country' method, meaning that the majority of the funds were invested directly into the local economy. Working closely with IRUDI (the Iringa Rural Development Initiative) the school bags were made by a local factory and all the other school bag contents were sourced and purchased locally with only the LifeStraws being shipped in internationally. IRUDI then packed all the school bags and distributed them to the agreed schools (Izazi Primary School (90 bags), Makuka Primary School (70 bags), Kimande Primary School (110 bags), Isele Primary School (80 bags).

Due to the Russia-Ukraine war and a significant drought there were shortages in stock and increased costs. This meant that project delivery was delayed. This project was the first time School in a Bag had attempted to deliver LifeStraws directly to an 'in country' partner and whilst they managed to secure the units at a slightly lower cost than anticipated there were significant import fees and taxes due when the consignment was picked up and then further transport costs to get them to Iringa. The instantaneous impact that the LifeStraws make is more than recompense for the problems experienced.

The grant funded School Bags 133396 to 133745 - the recipients can be tracked via the 'Track My Bag' at [www.schoolinabag.org](http://www.schoolinabag.org).



Grant:	£9,878
Start year:	2022
Run time:	1 year
Participant age:	6-11



*The timing of the donation was great as many people are struggling with food due to the drought last rainy season and have very limited money. The SchoolBags and their contents are a family celebration, not only helping the children but also helping the parents to know that they have been given a chance to learn, to eat and to be safe*

Wilhard - project manager at IRUDI





# YOUTH PROGRAMME IN INFORMAL SETTLEMENTS OF KIAMBU AND MATHARE

Kenya



## Tushinde



Tushinde provides a unique model of family strengthening and child protection in the Mathare and Kiambu slums of Nairobi, Kenya.

In this, the final year of the programme, Tushinde has continued to provide holistic support for young people alongside social work and mentoring. Mentors conducted weekly school follow-ups for 123 young people (67 boys, 56 girls) and any concerns were passed to the social worker. Through effective interventions 9/123 young people that almost dropped out were retained. This support has resulted in the successful transition of 118 young people to the next class/ level.

This year Tushinde has supported 16 young people through vocational courses and students have gained qualifications in a wide range of courses including: hospitality and catering, driving, mechanical engineering, computer engineering, plumbing and masonry and hairdressing and beauty. All the girls have been supported with a year's supply of sanitary towels. Emergency funds for food, medicine or housing were used for dental and family planning services, purchase of bedding, food and school materials.

Tushinde has developed relationships with over 15 other agencies in different sectors including Medecins Sans Frontières and HAART (an anti-trafficking organisation). The team has run 6 workshops for the youth forum since December 2021. October's youth forum was also a fantastic 'Graduation Day' and a real celebration of the young people's achievements.

**Grant:** £23,060  
**Start year:** 2020  
**Run time:** 2 years  
**Participant age:** 16+



*My mentor believed in me and did not give up on me even when I wanted to give up on myself*

Mike Otieno, 17 years old





# WATER AND SANITATION FOR SCHOOLS IN CHIMOIO DISTRICT

**Mozambique**

## Village Water

Before this project took place 25 de Setembro Primary School had no safe water point on site and had to collect water from a well in a community a 1km round trip away and faced long queues before carrying heavy containers back. Toilet blocks were in short supply making open defecation the common practice.

This project has revolutionised the facilities for the 3324 pupils and 52 teachers at the school. A solar powered water system has been installed and delivers water to toilet blocks and taps around the school site. Local residents also have access for a small fee. The water quality has improved and test parameters have been passed. Absence due to water borne diseases has dropped by 58% with diarrhoea reducing by 77%. With water now instantly available on site, time is saved collecting water and children are not carrying heavy buckets. Disability adaptations, flushing toilets, urinals, sinks and showers have been installed and the ratio of latrines to pupils has improved from 1 latrine to 859 pupils previously to 1 latrine to 93 pupils now. Old blocks have also been refurbished and are back in use.

Hygiene promotion sessions were held for pupils and the community and Covid 19 materials (soap, masks) distributed. Knowledge has significantly improved with 95% of pupils scoring 8/10 in the follow up hygiene survey compared to 13% at the start of the project. 100% of pupils were satisfied with the menstrual health promotion sessions and sessions producing washable sanitary towels. This has led to a 77% reduction in absence due to menstruation.

Eight Girls' Club sessions were held with 50 attendees at each one leading to improved knowledge on issues such as domestic violence, early marriage and sexual health. Teachers have volunteered to continue these sessions in 2023. A school water committee has been trained and linked to technicians and the local council so any faults can be reported. The fee charged to local residents will subsidise running costs, repairs and spare parts.



<b>Grant:</b>	<b>£15,000</b>
<b>Start year:</b>	<b>2021</b>
<b>Run time:</b>	<b>3 years</b>
<b>Participant age:</b>	<b>6-11</b>



*The teachers and students were singing and dancing on the handover day as sign of joy and satisfaction for the WASH facilities built at their school. They affirmed that they are no longer taking water from unprotected water sources which used to cause them some water borne diseases and there will be no more open defecation now that they have modern toilet blocks with washrooms*  
Reported by WATSAN local project team





## ADDITIONAL PROJECTS

### Poland and UK

**Save a Child;  
Slowianka Centre;  
Immediate Theatre**



Image: Slowianka Leisure Centre



The war in Ukraine created a humanitarian crisis and medical supply chains across the country were disrupted or destroyed particularly in besieged areas. **Save a Child Global Paediatric Network** provides a high-impact, free of charge, app-based, telemedicine platform which enables a network of paediatric specialists to assist in remote consultations to doctors and nurses treating children in besieged or remote areas. ALMT funding supported Save A Child to visit the region and create links with hospitals in Ukraine. The team identified, sourced and delivered a list of supplies, including trauma packs for blast injuries, diabetics, cancer and cardiac medicines, to a hospital in Kyiv in late April.

Gorzow is a small town with a population of 122,000 in Western Poland. Following the outbreak of war in Ukraine, the town saw a huge influx of Ukrainian refugees and currently there are 1,121 children registered in local schools. During the eight-week summer holidays there were limited opportunities for activity and so the **Slowianka Leisure Centre** in Gorzow ran a daily Summer camp and swimming programme, integrating Polish and Ukrainian children for 425 Ukrainian children between 4th July and 29th September 2022. The project successfully integrated Polish and Ukrainian children and Ukrainian children were willing to speak in Polish as they wanted to communicate with their new friends. Whilst having fun, Polish language skills improved which in turn enabled Ukrainian children to feel more settled and achieve a sense of normality. Many of them have spent time with their new friends since the project ended which has reduced their sense of isolation.

**Grant:** £65,160  
**Start year:** 2022  
**Run time:** 1 year  
**Participant age:** All

**Immediate Theatre** took two groups of ten young people for a four day trip to Clacton. All participants were excluded or at risk of exclusion from mainstream education settings. The trips included workshops on knife crime, self defence, mental health and relationships. Young people also enjoyed beach walks, bowling, amusements on the pier and a trip to Walton on the Naze. The trips successfully increased aspirations, goals and resilience for young people following the pandemic lockdowns of 2020-21.



I remember that one boy said after a day at the Summer camp that it was the best day of his life. I had tears in my eyes. War took almost everything from those children and if, thanks to this project, we could give them a few happy moments, then that's the most important thing in my life.

*D Lukianova Project Co-ordinator Slowianka*





Image: Become



Image: Chess in Schools



Image: Soft Power Education



